

2022-2023 CLASS SCHEDULE

Sept 12- June 3

MONDAY

4:45-6:00 MINI REH

6:00-6:45 Jazz +Leaps/Turns 2

6:45-7:45 Ballet 2

7:45-8:15 Tap 2

4:30-5:30 Jazz 4-5

5:30-6:30 Ballet 4-5

6:30-7:15 Leaps/Turns 4-5

4:45-5:30 Leaps/Turns 3

5:30-6:30 Ballet 3

6:30-7:30 Jazz 3

TUESDAY

4:30-5:15 Hip Hop 4-5

5:15-6:15 Contemporary 4-5

6:15-7:00 Tap 3-5

7:00-7:45 Ballet/Technique Tune Up (Team Only)

4:30-5:00 Beginner Jazz

5:00-5:45 Pre Ballet/Tap

5:45-6:15 Mini Bop Hip Hop

4:45-5:30 Lyrical 1

5:30-6:15 Hip Hop 1

6:15-7:15 PETITES REH

WEDNESDAY

4:30-5:15 Beginner Acro

5:30-7:00 Ballet 4-5

7:00-7:30 Pointe

4:45-5:15 Tap 1

5:15-6:05 Ballet 1

6:05-7:05 Jazz+Leaps/Turns 1

4:30-5:15 Hip Hop 2-3

5:15-6:15 Contemporary 2-3

6:15-7:15 Ballet 2-3

7:15-8:45 JUNIOR/TN REH

THURSDAY

4:30-5:15 Ballet/Technique (Team Only)

5:15-6:00 Beginner/Intermediate Acro

6:00-6:45 Intermediate/Advanced Acro

6:45-7:30 Advanced Acro

4:30-5:00 Tiny Tumble

5:00-5:45 Pre Ballet/Tap

5:45-6:15 Beginner Lyrical

5:00-5:30 Baby Bop

5:30-6:00 Creative Movement

SATURDAY

10:15-10:45a Creative Movement

10:45am-11:15a Baby Bop

10:00-10:45a Pre Ballet & Tap

10:45-11:15a Mini Bop Hip Hop

11:15-11:45a Tiny Tumble

RECOMMENDED LEVEL PER AGE:

Ages 2-3 Creative Movement, Baby Bop

Ages 4-5 Pre Ballet/Tap, Mini Bop Hip Hop, Tiny Tumble, Beginner Jazz, Beginner Lyrical

Ages 6-8 Level 1

Ages 8-10 Level 2

Ages 10-12 Level 3

Ages 12+ Level 4 & Level 5

ACRO CLASS LEVEL REQUIREMENTS:

Beginner: no requirements for this class

Beginner/Intermediate: A solid backbend and cartwheel are required for this class.

Intermediate/Advanced: A solid back walkover and one handed cartwheel are required for this class.

Advanced: Back handspring and side aerial are required for this class.